WEEK 3 MENU

WEEK STARTING

10 NOV

DEC

MONDAY

CHOOSE FROM

Macaroni cheese with Somerset cheddar **(V)**

Beef chilli con carne with a blend of brown and white rice 🚱

ON THE SIDE

Vegetables of the day or salad

TO FINISH

Chocolate brownie

TUESDAY

CHOOSE FROM

Veggie cottage pie ®

Chicken nuggets with diced potatoes 😯

ON THE SIDE

Vegetables of the day or salad

TO FINISH

Fruit, mousse or jelly

WEDNESDAY

CHOOSE FROM

Vegetable and bean burrito 191

Handmade BBQ pizza topped with chicken

ON THE SIDE

Vegetables of the day or salad

TO FINISH

Jammy shortbread biscuit

THURSDAY

CHOOSE FROM

Quorn and leek crown **(V)**

Sliced pork and Yorkshire pudding

ON THE SIDE

Roast potatoes, gravy and vegetables of the day

TO FINISH

Fruit, mousse or jelly

FRIDAY

CHOOSE FROM

Somerset cheddar cheese and potato frittata (V)

Baked Omega 3 fillet fish fingers

ON THE SIDE

Chips, vegetables of the day or salad

TO FINISH

Toffee apple sponge



Scan to download

our picture menu resources.



NOVEMBER - DECEMBER 2025

Hampshire County Council

Education Catering

YOUR SCHOOL MENU

FOOD TO FLOURISH

Our nutritious lunches. on our three-week menu cycle, help children flourish by giving them the right balance of nutrients and energy.

NO NUT INGREDIENTS

For information regarding our nut policy visit the FAO section of our **special diet** web page.



We support British farming and are committed to full traceability in every meal we serve. We are proud the meat on our menu is farmed to Red Tractor standard.



The meals we prepare and serve adhere to the Government's School Food Standards. It includes the recommendations for portion sizes and food groups for all primary aged pupils.



FOLLOW OUR CONVERSATION

f @hantseducationcatering





ARE PREPARED FROM **SCRATCH**

DID YOU KNOW?



SAY YES TO SUCCESS

as part of the Government's UIFSM programme.

Scan to find out more.









Fish on our menu is FROM WELL-MANAGED AND SUSTAINABLE SOURCES

WEEK 1 MENU

WEEK STARTING

17 NOV

8 DEC

MONDAY

CHOOSE FROM Veggie bolognaise pasta 🧐 🕨

Chicken Katsu curry with a blend of brown and white rice 🔞

ON THE SIDE

Vegetables of the day or salad

Freshly baked shortbread

TUESDAY

CHOOSE FROM

Vegetarian sausage roll with crinkle cut wedges **V**

Ham carbonara with pasta

ON THE SIDE

Vegetables of the day or salad

TO FINISH

Fruit, mousse or jelly

WEDNESDAY

CHOOSE FROM

Handmade margherita pizza (V)

Sticky honey glazed chicken with a blend of brown and white rice 🕟

ON THE SIDE

Vegetables of the day or salad

TO FINISH Rice crispy cake

MONDAY

24

NOV

CHOOSE FROM

NOV

Plant-based sausage hotdog and diced potatoes 🧐 🎙

WEEK STARTING

Chicken curry with a blend of brown and white rice

ON THE SIDE

Vegetables of the day or salad

Chocolate pudding

TUESDAY

WEEK 2 MENU

CHOOSE FROM

15

DEC

Roasted vegetable lasagne (V)

Pork sausages and mashed potatoes with gravy

ON THE SIDE

Vegetables of the day or salad

Fruit, mousse or jelly

WEDNESDAY

CHOOSE FROM

Handmade margherita pizza 🔻

Bubble salmon and crinkle cut wedges

ON THE SIDE

Vegetables of the day or salad

Honey biscuit

THURSDAY

CHOOSE FROM

Plant-based sausage and Yorkshire pudding **v**

Sliced beef and Yorkshire pudding

ON THE SIDE

Roast potatoes, gravy and vegetables of the day

Fruit, mousse or jelly

FRIDAY

CHOOSE FROM

Somerset cheddar cheese and onion quiche **(V)**

Baked Omega 3 fillet fish fingers

ON THE SIDE

Chips, vegetables of the day or salad

TO FINISH

Ginger sponge



Not only are several of our dishes completely fuelled by **PLANT POWER**

but several more have additional hidden veggies to benefit pupils, protect the environment and provide added nutrients.

- **V** Vegetarian
- **1** Vegan
- Includes Plant Power
- Additional hidden vegetables

All menu items are subject to change, based upon availability and in the event of unforeseen circumstances.

THURSDAY

CHOOSE FROM

Quorn pieces in a Yorkshire pudding (V)

Sliced chicken and Yorkshire pudding

ON THE SIDE

Roast potatoes, gravy and vegetables of the day

Fruit, mousse or jelly

FRIDAY

CHOOSE FROM

Sweet potato and lentil curry with a blend of brown and white rice 🔞 🎙

Baked Omega 3 fillet fish fingers and chips

ON THE SIDE

Vegetables of the day or salad

TO FINISH Lemon drizzle sponge **FARM TO FORK**

Find out more about our ethical suppliers on our website:



