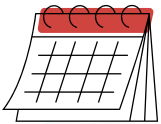


Parents' Information Evening: *The Empowerment Approach*

Helping children understand and manage behaviour in positive ways



Wednesday 26th November
7.15pm-8.45pm



Fair Oak Junior School Hall

Do you want to Empower your child?

Do you want to raise a child, who can problem solve?

Do you want to learn more about how our brain keeps us safe and how to keep us at our brain best?



**Join us for an evening to learn more about The Empowerment Approach –
A supportive framework used in school to help children understand and
manage their behaviour in positive ways.**

Hosted by one of the authors of Curious not Furious, Kit Messenger

During the session, you'll have the chance to:

- Discover what the Empowerment Approach (EA) is and how it supports children's learning and wellbeing.
- Explore how you can use the approach at home to promote calm, connection and confidence.

Meet Kit online, who will be sharing insights and answering questions. Kit Messenger is an ex-headteacher, author, and co-creator of the Empowerment Approach, which focuses on supporting children's behaviour through understanding, connection, and emotional regulation.

We look forward to seeing as many of you as possible for this engaging and informative session! All parents and carers welcome.

Refreshments will be provided