Oak Bites

Issue 48, Tuesday 24th November 2026



We have received a lovely thank-you email from Eastleigh Basics Bank, who are so grateful for the generous donations made by our school.

They are delighted to be able to use these donations to support local families in our community.

A huge well done and thank you to everyone who donated. Your kindness and generosity will make a real difference to families who need a little extra support.

Eastleigh basics bank
A church led community fed project

A gentle reminder to please let us know if your child is absent from school due to illness or any other unplanned events. Ideally before registration at 8.50am, or as soon as possible.

Please call **02380693195** to leave a voicemail at any time, or speak to the office after 8.30am. Alternatively, you can drop a quick email to **adminoffice@fairoak-jun.hants.sch.uk**

Upcoming Events

INSET DAYS 2026-2027
4th January 2027
25th March 2027
9th July 2027

20th - 30th November- PSA Christmas Shop re-opens

8th & 9th December - Year 3 Nativity

10th December - Christmas Lunch and Christmas Jumper Day

14th & 15th December - PSA Christmas Shop

15th December- Year 3 Reading Morning

16th December - Year 4 - Polar Express and wear your pyjama Day.

More information about upcoming events can be found here.

Year 3 News

This year the Year 3 Nativity is planned for **Tuesday 8th December** in the afternoon and **Wednesday 9th December** in the morning.

Please click **here** to view the information on the Year 3 Nativity, including a form to complete.

The Year 3 Reading Morning is taking place on **15th December**, please click **here** for the information from Miss Coxhead.

Year 3 walk around Fair Oak

As part of our geography learning, we are going on a walk around Fair Oak to look at different types of land use. You have given permission for local visits on Arbor.

This trip will happen on **Tuesday 1st December 2026**

Please send your child to school wearing their normal uniform.
We will be walking up to Knowle Park so your child might want to bring wellies or old trainers to change in to. They might also want to dress up warm with a coat, hat, scarf and gloves.
If you have any questions, please speak to your child's teacher.

Year 4 News

Spring Term Swimming Programme-Please click **here** to view Mr Darby's letter regarding dates next term, and click **here** to submit your child's swimming ability by **Monday 7th December.**

On **Wednesday 16th December,** as part of their writing unit, Year 4 will be having a pyjama day where they will be watching the Polar Express wearing sensible pyjamas and dressing gowns and bringing their teddy bears. (This is optional)

They will be enjoying hot chocolate and marshmallows. Any allergies or preferences, please contact the office.



Year 5 News

Arrangements are confirmed for the Stubbington Residential:

Monday- Wednesday: Jemison, Johnson and Peake
Wednesday-Friday - Sharman and Valentina

After Christmas, Mrs Gowers will send out further information about friendship choices. Children will be able to nominate friends from across the Tear 5 classes who are going their end of the week. We will, of course, take these preferences into consideration, alongside our own professional judgement, to ensure that rooming and friendship groups are appropriate for everyone.

On **Monday 14th December,** Year 5 will walk to St Thomas Church to make Christingles and talk about the ways the church helps the homeless at Christmas.
If you haven't consented to your child attending local visits via Arbor, please log into your account to action this.

Separately, we require permission for your child to eat Christingle ingredients. Please **click here** to access the form and inform us of any allergies to ensure we have the most up to date information. Please submit your response by **Monday 30th November.**

Year 6 News

There is no news specific to Year 6 for this week.

General Information

Price increase on School Meals 2027

Chartwells have advised us that there will a price increase from £2.75 to £2.95 from January 2027.

Parent Information Drop In sessions

Parent Information Drop In sessions are held at the fountain cafe. Please the dates on the flyer below and if you have any questions, please let us know.

Wyvern College Enterprise and Marketing Christmas Fayre - 4th December 2026

Wyvern have a wide range of students hosting stalls providing all sorts of products and opportunities from baked goods, hand crafted Christmas decorations and toys, all the way through to a photo booth. All these things are students led, following strict rules and guidelines to ensure high-quality products are available to purchase on the day.

We will be hosting this event on Friday the 4th of December 2026 in the Secondary School main hall (accessible through the reception).

It will be running from 3.15PM – 4.15PM.

Students will only be accepting cash payments, however there will be an opportunity to withdraw cash in the hall if needed.

Fair Oak Junior School PSA





In the summer term, we carried out a survey with parents about children's mobile phone use.

Following the feedback received, we have introduced a mobile phone agreement for pupils in Years 5 and 6 who need to bring a phone to school to support their safe travel to and from school.

From **Monday 23rd November**, any child bringing a mobile phone to school must have a signed mobile phone agreement in place. If an agreement has not been signed, the phone will be taken to the school office and will need to be collected by a parent or carer.

Signed agreements will be kept securely in each class's phone box. The agreement is available on the school website, and a printed copy can be obtained from the school office.

Please remember that mobile phones are brought onto the school site at the owner's risk, and the school cannot accept responsibility for any loss or damage.

Thank you for your support in helping us ensure that mobile phones are brought to school safely and responsibly.

Thank you to the 140 people who have ordered from the Christmas shop. Your orders have been delivered to the classrooms.

If there are any issues with your order you can email **customercare@classfundraising.co.uk**

I am pleased to tell you that if you missed out this time, the shop will re-open on the 20th November until noon on 30th November.

Please keep hold of your proof card.
If you've lost your proof card, the please email the school office when the shop re-opens.

Thank you for your support



The PSA



If anyone has any bags of kindling, or wood for a fire pit that they would like to donate, we would be grateful. It's for outdoor learning and we would love to have a fire every week!





Shoeboxes for the homeless

Mrs Sear is collecting items to put together "Christmas Shoeboxes" from FOJS for homeless men (and a few women) in the Winchester area, in conjunction with the charity "Trinity House Day Centre."

Any donations would be very much appreciated. For example we would be pleased to receive shoe boxes, toiletries (razors, soap shampoo etc) hats, gloves, scarves, chocolates (not liquors) and biscuits.

Please send donations to Mrs Sear / Panda class any time before **Friday 4th December 2024.**

Thank you for your generosity

A safety message from Mrs Cooper

Dear Parents and Carers,

I've noticed while on gate duty in the mornings that an increasing number of Junior School children are using the Infant School play equipment before and after school.

Mr Peart has kindly allowed children to use the area on the understanding that they are supervised by a parent or carer. There is no staff supervision from either school at these times.

This morning, there was a large group of Year 6 children using the equipment unsupervised and some of the play was becoming quite boisterous. This is a concern, as accidents can happen very quickly and there may not be an adult close by to help if a child falls or is injured.

Please remind your children that they should not be gathering in the Infant School playground and should not be using the equipment unless they are with a parent or carer who is supervising them.

We would be grateful for your support with this, as our priority is making sure everyone stays safe. Thank you for your support.

Laura Cooper

Up to four **free** tickets to Eastleigh FC this Saturday

Come and cheer on the Spitfires as Eastleigh FC take on FC Halifax Town at the Silverlake Stadium on Saturday 28 November. Kick-off is at 3pm.

To claim up to four free tickets, select your tickets online and enter **EFCCOMMUNITY26** at checkout.

Book your free tickets

SPOTLIGHT ON SAFEGUARDING

WORKING TOGETHER TO KEEP OUR YOUNG PEOPLE SAFE

November 2026 | Junior | What parents and carers need to know about: Anti-bullying week | Roblox

Helping our children find their voice, speak up and support others

Bullying can have a lasting impact on a child's confidence, friendships and wellbeing. Yet many children stay silent, fearing they won't be believed, that things will get worse or simply not recognising that they are being bullied.

This November, Anti-Bullying Week's theme, **Break the Silence,** reminds us of the importance of helping children recognise bullying, speak up when something isn't right and support others who may be struggling.

Understanding bullying: When is it more than falling out?

Disagreements and friendship difficulties are part of growing up, but bullying is different. It usually involves repeated, deliberately hurtful behaviour and an imbalance of power. This might include name-calling, exclusion, spreading rumours or physical aggression. Bullying can also happen online, through gaming platforms, group chats and messaging apps.

An important message for children: You don't have to decide whether something counts as bullying before asking for help. If someone's behaviour is upsetting you, you deserve to be listened to.

Why might children stay silent?

Telling an adult about bullying isn't always easy. Children may worry that:

- The bullying will get worse if they tell someone.
- They will be called a 'snitch' or 'tell-tale'.
- Adults will take away their phone or stop them playing online.
- Their friends will turn against them.
- Nobody will believe them or take them seriously.

Younger children may also struggle to explain what is happening or find the words to describe how they feel. This is why we need to regularly remind children that asking for help is not telling tales. It is a way of keeping themselves and others safe.

What if your child tells you they are being bullied?

Start by listening and reassuring them that they have done the right thing by speaking up. Avoid suggesting they simply ignore it or retaliate.

Make a note of what has happened, including any repeated incidents, and contact the school to discuss your concerns. Work together on a plan to help your child feel safe and agree how the situation will be followed up.

Keep checking in with your child. Even when the bullying stops, they may need time and reassurance to rebuild their confidence.



Keeping your child safe is our number one priority at Fair Oak Junior School. Our Designated Safeguarding Leads are Laura Cooper and Oenone Steven. If you have any concerns or questions please contact them by emailing safeguarding@fairoak-jun.hants.sch.uk If it is urgent, please call the school and ask for a DSL.

Wyvern College | Fair Oak Junior School



Parent Information Drop in sessions

Come and meet our Child and Family Support Workers from Fair Oak Infants, Fair Oak Juniors and Wyvern College.

Fountain Café Shorts Rd Fair Oak 9:30-11:30

Wed 16th Sept 2026 - Citizens Advice
Wed 21st Oct 2026 - School Nursing Team
Wed 18th Nov 2026 - CAP
Wed 16th Dec 2026 - MHST (Mental Health Support Team)
Wed 20th Jan 2027 - School Nursing Team
Wed 17th March 2027 - Online Safety
Wed 19th May 2027 - School Nursing Team
Wed 16th June 2027 - Wyvern and Fair Oak Infants and Junior school transition teams and SENCo

Welcome Back to School | NHS | Mental Health Support Teams | citizens advice Eastleigh | E-Safety | christians against poverty CAP

NHS
Hampshire Child and Adolescent Mental Health Services

HAMPSHIRE CAMHS
INFORMATION AND ADVICE SESSIONS 2026

ARE YOU CONCERNED ABOUT A YOUNG PERSON'S MENTAL HEALTH?



10am - 2pm

The Arc, Jewry Street
Winchester, SO23 8SB

This is an opportunity for parents/carers, professionals or young people to come and chat to our CAMHS clinicians, ask questions, get advice and resources.

Bookable slots available via our website or just drop in.

7 Jan	1 July
4 Feb	5 Aug
4 March	2 Sept
1 April	7 Oct
6 May	4 Nov
3 June	2 Dec

hampshirecamhs.nhs.uk

BIG MOUTH THEATRE

Big Mouth Theatre
bigmouththeatre.com
hello@bigmouththeatre.com
01489 786691

The children of Fair Oak Junior School will have enormous fun bringing to life terrific tales from around the world when they join the exciting after school theatre clubs run by Big Mouth Theatre, who, this term, will be exploring the theme of...

MYTHS & LEGENDS

Hold tight as we ride our pet dragon through mythical lands each week – but how do you actually train a dragon?! Are you as strong as Hercules? What will you find in Pandora's box? Why not try pulling the sword from the stone – will you be the next King?! Your child will have a tremendous time exploring the sensational stories and courageous characters in drama club this term!

Our session plans are produced in-house, which allows for fun, yet structured and inclusive sessions and they are guaranteed to have a great time building their **confidence and self-esteem** at our after school drama club.

Big Mouth Theatre is a high-quality drama activity provider offering a range of non-competitive, structured sessions designed to enhance, support, and nurture your child's wellbeing. Dynamic age-appropriate games and fundamental acting activities are led by our trained and DBS-certified drama coaches to help enable your child to feel a sense of achievement and inclusion, resulting in a more confident, well-balanced, happy individual... **because who doesn't want to see a smile on their child's face?**

Big Mouth Theatre drama clubs will take place every Tuesday from 3:30pm - 4:30pm at Fair Oak Junior School commencing for new members from 10th November. Subscriptions are payable half termly, in advance - that's just £32.50 for the **5 sessions**, taking us up to the Christmas holidays.

If, after the 1st session, your child does not choose to join us on a weekly basis, simply let us know and we'll refund your payment!

It could not be easier to book a place on our clubs.
Simply head to www.bigmouththeatre.com and click 'Join us Today!'
Alternatively, just scan the QR Code...

Numbers are limited, so please do book early to avoid disappointment.

See you soon... **From the Big Mouth Theatre Mermaids and Goblins!**

NEW

NHS
Hampshire and Isle of Wight Healthcare
NHS Foundation Trust

School Nurse Clinic

Who are we?

School Nurses are public health professionals who work with parents, children, and young people to support health and wellbeing needs.

What will be doing?

We are trialling a bookable school nurse clinic once per half term for your school. This will give you the chance to meet face-to-face with a team member to discuss any concerns you may have about your child.

sleep
toileting
healthy lifestyles
emotional wellbeing

Call the Eastleigh School Nurse team on 02382 318752 to book your appointment.

Hampshire Healthy Families | Health for Kids! | ChatHealth





Funded by UK Government

Hampshire County Council
Hampshire Achieves



Positive Parenting Online course

Mondays 2 November - 30 November

7:30pm - 9pm

FREE - Eligibility criteria applies

This is an online course using Microsoft Teams. Participants will be required to use Microsoft Teams.

Booking is essential, please visit https://shop.hants.gov.uk/collections/library-courses to book your place. If you have issues booking online please contact branch staff or call 02392 232957

